

ALL ABOUT THREAD

THREAD FOR CLOTHING AND ALL PURPOSE SEWING

Picking the correct thread for your project can be tricky when you are first starting out. Below, I have listed a few of my tips and suggestions to help you navigate.

- For most garment making, try to pick a polyester or poly/cotton blend thread. This blended thread has added strength and durability. It also creates less lint build up in your machine.
- Do not purchase or use really cheap/"bargin bin" thread in your machine. Good thread is the foundation from which everything is held together. Chintz on this and you will end up with skipped stitches, shredded thread, and a garment that could potentially fall apart.
- Thread gets old so do not use old thread in your machine for sewing. To test, grab and try to break the thread. If it snaps and breaks easily then it is no good.
- Never wind two colors onto the same bobbin. This can throw off the timing of your machine and cause all sorts of problems. Bobbins are cheap so stock up and rewind.
- Consult a knowledgeable sewing retailer about the right thread for your machine and project. They will be able to direct you to what is best suited.

RASANT

Rasant is a 50% polyester and 50% cotton thread, one of the very few on the market. The construction of this thread is a polyester core with a cotton wrap. The polyester core gives the thread its strength and the cotton wrap makes the thread soft and smooth.

METTLER

Metrosene Plus 100% polyester thread is the ideal sewing thread for all kinds of fabrics, including synthetics, mixed blends, linen or silk. Its beautiful, silk-like appearance improves the radiance of your creations.

MADEIRA/ AEROFIL

All-purpose 100% polyester sewing and quilting thread. Designed to run without problems, this thread has optimum sewing properties such as elasticity, strength, and glides through fabrics knot-free.

SUPERIOR THREADS

50 wt. 2-ply corespun (poly-wrapped poly core) thread. Designed for sewing and quilting. Sew Complete is a smooth polyester thread with little-to-no bulk, blending colors, and a strong stitch. Sew Complete can be used in the top and bobbin at the same time for a perfect color match.

COATS AND CLARK

Not the best quality thread, but has a large range of variety for specialty projects.

GUETERMANN

Mid-level, budget friendly, brand but with great variety of threads and colors. The amount per spool is small so grab a couple for your project.

There are so many brands out there. These are just a few of the ones that may be available to you.